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Would **you** know what to do ?



## Activity Sheet 1

1. Are there area's of water where you live, think of some examples?

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2. Name 3 water-based activities?

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3. Pick one activity from your list above and explain the hazards associated with it.

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## First At Scene – Questions Sheet Answers

- Why do you think the young people were at the river?  
Could be to get away from parents and its a place they know well, they had a picnic, it may be a hot day so they are there to cool off, going for a walk, it was fun, they intend to go swimming or take part in another based-water activity.
- What dangers are there associated with swimming in rivers?  
The water could be very deep and cold, there may be strong powerful currents, the sides of the rivers can be steep, slippery and there are hidden dangers under the water such as weeds or rubbish.
- How would a life ring be used to help rescue someone?  
You would throw it towards the person in trouble so that they could keep themselves afloat while you contact the emergency services.
- What would you do if you saw someone vandalising at life ring?  
Call 999 and ask for the Police, this may be vandalism and an emergency. An emergency is a situation that poses an immediate risk to life, health, property or environment
- What will you be asked by the operators when you call 999?  
Which service do you require?  
What is your name?  
What is your address?  
What has happened?  
Where are you? (Think landmarks, signposts, buildings and names of streets/woodlands/hotels/etc
- What must you do if you call 999?  
Stay calm  
Speak clearly  
Listen Carefully  
Stay on the line
- Why didn't any of the young people enter the water to help Claire?



The water would be deep and cold, with strong powerful currents. They did not over estimate their swimming ability. It was too dangerous and they contacted the emergency services, without putting anyone else at risk.

- When the young people heard the splash of Claire falling into the water, why did they not react straight away?  
They shouted her name over again. They were probably shocked, worried and did not know what to do.
- What items can be thrown into the water to help rescue someone?  
Life rings, balls preferably plastic (footballs/Rugby/etc), Rope, A scarf, Large empty plastic bottles, A towel, other things that float and are strong.
- How did the Water Rescue Team enter the water?  
They had specialist equipment and training. One member remained on the riverbank while the others went in slowly together, feeling beneath them with their feet and other equipment. They constantly communicated with each other.
- Were the young people equipped to go into the river?  
No. Many people overestimate their ability to swim in open water. Do they have the skills, ability or training? The water would be cold with strong currents. They did not have any equipment (such as life jackets, wet suits, etc). Did anyone else know where the group had gone?
- How did Claire end up in the water?  
She may have slipped, fallen, have jumped in or she may have been pushed.
- If the young people had been drinking alcohol, do you think they would have been more likely to enter the water, if so why?  
Yes. People who consume large quantities of alcohol are more likely to take greater risks. Someone will be more likely to jump or more prone to falling, into the water. If they have consumed alcohol and someone else falls into the water, they are more likely to jump in to try and rescue them, putting more people at risk of drowning.



- The group took responsibility to help Claire, what did they do? They stopped what they were doing, assessed the situation, identified that it was too dangerous to enter the water. The group did not have any specialist training. They contacted the emergency services, stayed calm, told them what had happened, where they were and stayed with Claire the best they could, without putting themselves in any further danger.  
**STAC: Stop, Think, Assess, Call, Communicate**
- What could you do if you see someone else in danger in the water? You can throw a life ring towards the person in trouble so that they could keep themselves afloat while you contact the emergency services. Be prepared to move down river to get ahead of them if they are drifting with the current.





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## Question Sheet - Group 2

1. What items can be thrown into the water to help rescue someone?

2. How did the Water Rescue Team enter the water?

3. Were the young people equipped to go into the river?





